Anniversaries William Cronin, Rising Sun. Sheila Cronin, Rising Sun. Eileen Walsh, Tooreen. Alfie Roberts, Scart. Dick Cullinane, Rearour. Con Cullinane, Rearour. Hannah Cullinane, Rearour. Timothy O'Donovan, Durrus. Nora O'Donovan, Durrus. Patrick Hurley, Ballyguinnane. Paddy O'Sullivan, Killountain. Catherine O'Sullivan, Killountain. Diarmuid O'Sullivan, Shanagraigue. Damien Crowley, Halfway and Togher.

We Remember

ł Margaret (Mairead) Murphy. Old Abbev: * Francis Kearney, Goggins Hill; Mary O'Leary, Wales & Killarney; Margie O'Driscoll, Glenville who died during the week. We pray for their families, neighbours and friends.

Thank You

Fr. Kieron would like to take this opportunity to thank everyone who took part in the Christmas Liturgies, those who prepared the churches and helped in any way, and all who attended the ceremonies. A special thanks to all who contributed so generously to the Christmas Dav collection.

NIASS TIMES Next Week	
Ballygarvan	9.30am
Tuesday 8th:-	
Goggins Hill	9.30am
Thursday 10th:-	
Ballyheada	9.30am
Saturday 12th:-	
Ballyheada	7.00pm
Sunday 13th:-	
Ballygarvan	10.00am
Goggins Hill	11.30am

Sympathy

We offer our sympathy to Dermot and Eileen on the death of their sister Margaret (Mairead) Murphy, Old Abbey; and sisters in law, nephews, nieces, on the death of Margaret (Mairead) Murphy, Old Abbey; Sean and Christine Kearney, Goggins

Hill on the death of their son Francis and Bernadette on the death of her brother Francis;

Brid Long, Ballygarvan on the death of her sister Mary O'Leary, Wales & Killarney. Eileen O'Donovan. Myrtle Hill on the death of her sister Margie O'Driscoll. Glenville

2013 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday by Mary (4888268), Mary (4885257) PAN Centre/Parish Office (phone/fax 4885062) info@ballinhassigparish.com www.ballinhassigparish.com



Vol. 21 No. 17 Sunday: January 6th, 2013 (The Epiphany Of The Lord)

Marv O'Halloran submits....

Unique Look at the Week

As we begin 2013 take a few minutes to read the following and reflect on our weekly actions as we tend to do the same things week after week, throughout the year.

Monday - Wash Day. God, help me to wash away my selfishness and vanity, so I may serve you in the best way I can through the week ahead. Tuesday - Ironing Day. God, help me to iron out all the wrinkles of prejudice that I have collected through the years, so that I may see the beauty in others.

Wednesday - Mending Day. God, help me to mend my ways so that I will not set a bad example to others.

Thursday - Cleaning Day. God, help me to dust out all the many faults I have been hiding in the secret corners of my heart.

Friday - Shopping Day. God, give me the grace to shop wisely so I may purchase eternal happiness for myself and all others in need of love.

Saturday - Cooking Day. God, help me to brew a big kettle of love and serve it with huma Sunday - God. I have prepared my house for y

Please come into my heart as my guest, so that I may spend

the day in your presence and during the week.



Jesus always preached little:children, flowers, sparrows, mustard seeds, loaves and fishes. He didn't expect people to make great gestures. He knew that little is the currency of everyday living. We thank God for little lights, the warm smile, the hug, the phone call, a wave from a passing car. a cup of tea. an open door. a talent freely shared. May our parish carry the lamp of kindness to give light to those in darkness.



NEW TRAINING FOR THE UNEMPLOYED

The Government is investing 20 million Euro in 2013 to provide free education and training places for up to 6,500 people who are long term unemployed by way of the new Momentum Programme.

Retraining and Up-skilling are an important aspect of equipping people to re-enter the workforce and the Momentum Programme will provide jobseekers with skills to access employment in areas of the economy where there are opportunities.

Two of the programmes being offered in the Cork area involve an innovative 20-week programme focused on employability, developed by City & Guilds and the Irish Centre for Business Excellence (ICBE).

One programme combines leadership and personal development (ICBE Begin AgainTM), with technical training in Business Process Improvement skills as well as a structured work placement with mentoring. to position people to take up value-adding, sustainable employment with progressive organisations at the heart of the Irish economy.

The other programme combines leadership and personal development (ICBE Begin AgainTM), with technical training in Warehousing. Logistics and Supply Chain skills as well as a structured work placement with mentoring, to position people to take up value-adding, sustainable employment with progressive organisations. To be eligible for either programme you must meet the following criteria:

Be unemployed for 12 months or longer, and

Be in receipt of Jobseekers Allowance, Benefit,

or signing on for Social Insurance Contribution Credits for 12 months or longer, and

Be actively seeking work For more information go to: www.citvandguilds.com/ireland/momentum

www.icbe.ie/ireland/momentum

Phone 061 423 622 or 01 405 2020

Email: <u>momentum@cityandguilds.com</u>

Stations Spring 2013

The Spring Stations 2013 will commence shortly. Would those who are scheduled for the Stations this spring please contact the *P.A.N*. Centre (Parish

Office) at 4885062 to arrange a date for same.

Thank You - Stations

Fr. Kieron would like to thank all those who held the Stations in their homes in *Autumn* 2012, and sincerely thank everyone for their generosity and hospitality during 2012. Envelopes will be distributed shortly to the few areas which did not host an autumn station. These can be returned with week end collection or returned direct to P.A.N. Centre/Parish Office. Enquiries 4885062.

Lourdes Pilgrimage -Helper Diocese of Cork and Ross Young Adults Group (18-35) Lourdes Pilgrimage 2013 invitation to help from Servico

June 11th to 16th, THE LORI 2013. A time for reflection,

prayer, for service and for making new friends. Further information contact Sr. Karen, Pastoral Development Office, 021/4537601.

Social Coffee Morning

Ballygarvan area Community *Council* invite you to a *social coffee* morning in Ballygarvan Old N.S. on Sunday January 13th after 10.00am Mass in Ballygarvan until 12noon. This is purely a social occasion and not any



type of fundraiser. Come along and enjoy a cuppa and chat with your neighbours and friends and if you are new to the area you are especially welcome as it will be an opportunity to meet with your neighbours and parishioners. All parishioners welcome.

Victory Dinner Dance

Ballinhassig G.A.A. Club will hold a 'Victory Dinner Dance' in the Rochestown Park Hotel on Saturday January 12th. Tickets 30Euro and available from club officers. Club Calendar available in Cottrell's Gala, Ballinhassig, cost 10Euro.

PTAA

Ballinhassig PTAA will hold a meeting in the Marian Hall on Monday **January** 7th at 9.15pm. New members welcome.

Hair 2 Beauty

Hair 2 Beauty Halfway, Ballinhassig has also opened a New Barber Shop, called Halfway Barbers. db

Priests Phone Number Fr. Kieron O'Driscoll. Parish Priest can be contacted on 021/4885104 or 087/9439666.

Cancer Connect

Cancer Connect is a free and flexible transport service to Cork Hospitals for people receiving cancer treatments (*radiotherapy and chemotherapy*) This is available five days a week. This service is supported by *West Cork* Rural Transport which is a registered charity. Further details and booking:-Cancer Connect 027/52727/087/1224404: email:cancerconnect@ruraltransport.ie www.ruraltransport.ie

Thought for the week..... Memories

Memories are heartbeats Sounding through the years Echoes never failing Of our smiles and tears. Moments that are captured Sometimes unaware Pictures in an album Or a lock of hair.



Images that linger Deep within the mind Bits of verse we cherished Once upon a time. Through the musty hallways Of the days we knew Ever comes the vision Beautiful and true.





