Reflection:

A PRAYER FOR HEALING



God, hear my prayer, And let my cry come to You. Do not hide from me in the day of my distress Turn to me and speedily answer my prayer. Eternal God, Source of healing, Out of my distress I call upon You. Help me sense Your presence At this difficult time. Grant me patience when the hours are heavy; In hurt or disappointment give me courage. Keep me trustful in Your love. Give me strength for today, And hope for tomorrow. To Your loving hands I commit my spirit When asleep and when awake. You are with me, I shall not fear.

Lord Jesus, we ask you to bring your healing touch to those whom we know to be sick, afraid or worried.

Bring them your peace and healing. Amen.



Always remember to forget
The troubles that passed away,
But never forget to remember
The Blessings that come each day.



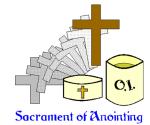
Ballinhassig Parish

for church areas of Ballygarvan, Ballyheada and Goggins Hill

Mass of the Sick & Healing and Light



Jesus says:
"I have come that
You may have Life
and have it
To the full"



Reflection:-

Courage doesn't always roar.

Sometimes courage is

The quiet voice

At the end of the day saying,

"I will try again tomorrow"

When everything seems like an uphill struggle,
Just think of the view from the top. (anonymous)

Marian Hall, Ballinhassig Tuesday May 19th, 2015

Opening Hymn

Address of Welcome



Liturgy of the Word:-First Reading: A reading from the letter of St. James

If any one of you is in trouble, he should pray; if anyone is feeling happy, he should sing a psalm. If one of you is ill, he should send for the elders of the church, and they must anoint him with oil in the name of the Lord and pray over him. The prayer of faith will save the sick persons and the Lord will raise them up again.

The Word of the Lord All: Thanks be to God

Responsorial Psalm

® The Lord is my light and my help

The Lord is my light and my help; whom shall I fear?
The Lord is the stronghold of my life; before whom shall I shrink? ®

When evil-doers draw near to devour my flesh, it is they, my enemies and foes, who stumble and fall ®

For there he keeps me safe in his tent in the day of evil.

He hides me in the shelter of his tent, on a rock he sets me safe. ®



Gospel Acclamation

Alleluia, Alleluia,

The healing hand of Christ is a sign of the presence of God; that same hand is extended to us in this sacrament now, to console and strengthen us. Alleluia.

Gospel: A reading from the Holy Gospel according to St. Luke

Then some men appeared, carrying on a bed a paralyzed man whom they were trying to bring in and lay down in front of him. But as the crowd made it impossible to find a way of getting him in, they went up on the flat roof and lowered him and his stretcher down through the tiles into the middle of the gathering, in front of Jesus. Seeing their faith he said, 'My friend, your sins are forgiven you.' The scribes and the Pharisees began to think this over. 'Who is this man talking blasphemy? Who can forgive sins but God alone?' But Jesus aware of their thoughts, made them this reply, 'What are these thoughts you have in your hearts? Which of these is easier; to say, 'Your sins are forgiven you' or to say. 'Get up and walk?' But to prove to you that the Son of Man has the authority on earth to forgive sins,' - he said to the paralyzed man. 'I order you: get up, and pick up your stretcher and go home.' And immediately before their very eyes he got up, picked up what he had been lying on and went home praising God. They were all astounded and praised God, and were filled with awe, saying, 'we have seen a strange thing today.'

The Gospel of the Lord

® Praise to you Lord, Jesus Christ

Intercessions for Healing:-

Offertory Procession:-

Post Communion Reflection:Why Am I Complaining?

My cross is not too heavy, My road is not too rough
Because God walks beside me and to know this is enough....
And though I get so lonely I know I'm not alone
For the Lord God is my Father and he loves me as His own....
So though I'm tired and weary and I wish my race were run
God will only terminate it when my work on earth is done...
So let me stop complaining about my "Load of Care"
For God will always lighten it when it gets too much to bear...
And if He does not ease my load, He will give me strength to bear it
For God in love and mercy is always near to share it.

Lord Jesus, who healed the sick, we pray for all who are not well. Be their help and strength and bless all who care for them. May we be at peace with your healing power working within us. Amen.





