

## Anniversaries

John, Rita & Ted Harnedy, Youghal.  
Eileen O'Halloran, Templemartin.  
Marian McCarthy, Goggins Hill.  
Timothy O'Keeffe, Adamstown.  
Mary O'Keeffe, Adamstown.  
Humphrey Mulcahy, Corran.  
Liam O'Halloran, Rigsdale.  
Con Deasy, Lisfehill.  
Molly Forde, Ballyhooleen.  
William Deasy, Bawnleigh.  
Mary Twomey, Ballygarvan.  
Pa and Mary O'Leary, Ballea.  
Eileen & Joe Bowen, Killingley.  
Danny & Lilly O'Leary, Meadstown.  
Dan & Hannah Lombard, Rearour.  
Timmy Murphy, Ballyhooleen & Bandon Road.



## We Remember

*Gerald Whyte, Causeway, Co. Kerry;*  
*Maura Lucey, Inchigeela* who died recently. *We pray for their families, neighbours and friends.*



## Sympathy

We offer our sympathy to *Joan Dowd, Ballea* on the death of her sister *Maura Lucey, Inchigeela;* *Caoimhghin Whyte, Barrett's Hill* on the death of his father *Gerald Whyte, Causeway, Co. Kerry.* *Margaret Goulding, Goggins Hill* on the death of her mother *Hermina Ball, England & Goggins Hill.* *Sympathy also to all other relatives, neighbours and friends of the above.*

## MASS TIMES Next Week

Monday 3rd:-

*Ballygarvan 9.30am*  
*Blessing of Throats after Mass*

Tuesday 4th:-

*Goggins Hill No Mass*

Thursday 6th:-

*Ballyheada No Mass*

Friday 7th:- First Friday of February

*Ballygarvan No Mass*  
*Ballyheada 8.00pm*

Friday is the *First Friday of February.*  
*Rev. John Guirey* will make the usual monthly visits to the **housebound.**

Saturday 8th:-

*Ballyheada 7.00pm*

Sunday 9th:-

*Ballygarvan 10.00am*  
*Goggins Hill 11.30am*

## Sympathy

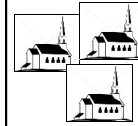
We offer our sympathy to *Cathy, Jerry, Martina (O'Donovan)* and *Mary Jo O'Sullivan, Gortnaglough* on the death of their mother *Ann (Anna May) Gortnaglough & Bantry.* *Sympathy also to all other relatives, neighbours and friends.*



## Remember and Pray

Please remember to pray for all our parishioners and all others who are unwell in any way at this time.

# Ballinhassig Parish



## Newsletter

*for Ballygarvan, Ballyheada and Goggins Hill*

Vol. 28 No. 19 Sunday February 2nd 2020 (Fourth Sunday In Ordinary Time)

Mary O'Halloran submits...

## Spring Refreshes the Spirit

Spring awakens and enlivens us in a way no other season can. We remember what new life looks like, we remember what possibilities are just around the corner, and we remember that beauty comes in small packages.

It's a great time for meditation as we grow ourselves– and with spring in mind, here are five reflections on how our minds, hearts, and spirits are healed during the flowery months.



***New life and new beginnings are all around us.***

Each waking flower is a symbol for something new taking shape within us.

***Everything blooms in its own time.***

In our lives, just as in nature, patience forms the most beautiful things we experience.



***Colour and light are vital to life.***

Spring feels good because it reminds us how deeply we need variety and vividness in our surroundings.

***Great things are waiting beneath the surface.***

Only when the flowers bloom do we realise the potential that existed beneath our feet all this time.

***The important things are the simple things.***

Grass, rainfall, sunlight, a single flower– the smallest things matter still, because no one else can experience them for us.



2020 Ballinhassig Parish Newsletter

*Notices for inclusion should be received not later than 2.00pm on Wednesday by Mary O'Halloran (4885062,4885257) Mary O'Donovan (4888268), PAN Centre/Parish Office (phone/fax 4885062) email: ballinhassigparish@gmail.com www.ballinhassigparish.com Parish Priest:- Fr. Christy Fitzgerald Telephone: 4885104 or 087/9439666*

# Feast of Saint Brigid February 1st

**S**t. Brigid. 'The Mary of the Gael's as she has been known to generations of Irish people celebrates her **Feast Day on February 1st**. She is remembered for her hospitality and hard work, as a woman of God and a woman of the people. Her powerful personality appealed to all, from those on high to the humble beggar.

She was born near Dundalk A.D. c454 to a pagan chieftan father (*Dubthach*) and a Christian slave mother (*Broicsech*).

Brigid's mother was sent away but Brigid later returned to take her mothers place in the usual round of bondswoman's duties-including mind-ing livestock, serving meals etc. She was given charge of the dairy but gave much of the produce away to the poor which enraged her father.

In time the father tried to arrange a marriage for his daughter. She choose a life of prayer, service to God and to the poor. Brigid became the first nun in Ireland, forming the first religious community for women in Ireland in Ardagh, but Brigid later moved to what is now Kildare, her most famous where

she founded a double monastery with the assistance of Bishop *Conleth*. Brigid and seven others completed their no-vitiate there and went to make their final vows to *St. Mel*, Bishop of Armagh and nephew of *St. Patrick*.



Her convent grew, she travelled all over Ireland, she tended the sick, built schools, made vestments etc. She was so loved by bishops, priests, chieftans that she became known as '*The Mary of the Gaels*' She died A.D. 525 shortly after her 70th birthday, her sisters kept a fire burning in an enclosure at her Kildare convent for centuries.

Saint Brigid is the patroness of cattle; infants; midwives; blacksmiths; poets, nuns and students.

*St. Brigid is depicted in art as a nun with a Cross woven from rushes, a crozier, fire (candle, lamp or bowl of fire) or a cow.*



## Blessing of Throats

**Monday February 3rd:**

*Feast of St. Blaise, Bishop & Martyr.*

*Blessing of throats will take place after:-*

**9.30am** Mass in Ballygarvan

*Since the eight century St. Blaise has been venerated as the Patron for sore throats and sick cattle.*

*Using two crossed and unlighted candles, the priest touches the throat of each person saying: Through the intercession of St. Blaise, bishop & martyr, may God deliver you from all ailments of the throat and from every other illness. In the name of the Father ..... Amen.*



## Anam Cara

*Anam Cara Cork*, the organisation that supports bereaved parents next **Parent Evening** on:-

**Wednesday February 5th**  
7.20pm in the

**Clayton Hotel, Cork.**

Free event and all welcome.



## Childminder Wanted

Wanted **childminder** from **Mid February** to mind 3 children aged 6, 4, and 20 months in **Ballygarvan**

**area**. Own transport necessary for school pick ups. Further details **086/8339433**.



## Grief & Loss Programme

Eight week support programme commencing on Monday **February 10th** – Monday **March 30th** from 7.30pm-9.30pm at **The Parish Centre, Carrigaline**. Booking and further details **4371109** before **February 7th**. All welcome.



## Lourdes Invalid Fund

Next week end **February 8th/9th** the **second collection** is the annual collection for the **Diocesan Lourdes sick/assisted pilgrimage fund**. 100 sick are brought annually, 2020 is from June 12th-17th, helpers are grant aided to defray their costs as they give generously of their time. Thank you for your continued support and generosity



*Thought For The Week*

**Worrying** is like sitting in a rocking chair- It gives you **something to do**, But it **doesn't get you anywhere**.

**Life** is what's happening while you are **figuring out what to do**.

## Ballygarvan Walk

Ballygarvan GAA Club **Health Walk** in conjunction with Operation Transformation on **Sunday February 2nd**. Sign in from 11.20am and Walk will commence at **11.30am from the Club Rooms**.

*All welcome.*



## Ballinhassig Walk

Operation Transformation walk on **Sundays at 10.00am** from Marian Hall Car Park, Ballinhassig. *All welcome.*

## Ballygarvan Open Meeting

**Sunday February 9th** in the **Community Centre following 10.00am Mass**. This is an open meeting and an opportunity for all to voice their opinions and ideas on improving Ballygarvan as a community. All ages welcome.

## Social Dancing

**BCDA Social Dancing** in the *Marian Hall, Ballinhassig* on Friday **February 7th**. Music by **Finbarr Dennehy**, commencing at 9.45pm. Teas served. All welcome.



## Parish Assembly Meeting

Monday **February 10th at 8.00pm** in the Marian Hall, Ballinhassig. All members please attend.

## Stations – Spring 2020

If you would like to host a **Station** in your home for **Spring 2020** please contact Mary at the **P.A.N Centre (Parish Office)** at **4885062** to arrange a date for same.

## No Fly Cruise from Cobh & Back

Cruise Dates October 2020. Bus direct from Ballinhassig/ Ballygarvan area. Locations including Canary Islands, Iberia, Casablanca, etc. Details **021/4885371**.