

## Anniversaries

Mossie O'Donoghue, Bawnleigh.  
Elizabeth Duggan, Mount Mary.  
Mairead Pattwell, Tulligmore.  
Michael Walsh, Ballino.  
Tim Walsh, Cobh.  
Fr. Willie McCarthy.  
Senan McCarthy, Farlistown.  
Pat Hurley, Fivemile Bridge.  
Denny Finn, Fivemile Bridge.  
Dan O'Sullivan, Fivemile Bridge.  
Madge O'Sullivan, Fivemile Bridge.  
Timothy O'Sullivan, Gortnacloagh.  
Margaret O'Sullivan, Gortnacloagh.  
Pearl O'Halloran, Farmers Cross.  
Michael O'Halloran, Farmers Cross.



## We Remember

*Daniel (Donie) Deasy, Riverstick.*  
*Moira Fitzpatrick, Riverstick.*  
*June Sheehan, Kinsale who died recently. We pray for their families, neighbours and friends.*



## Mass Cards

Available in the PAN Centre (Parish Office) (*sympathy cards, mass intentions etc.*) Contact Mary **021/4885062**.

**Ballinhassig Parish Assembly**  
**Mass of the Sick, Healing & Light**  
scheduled for **May 18th is cancelled.**

**Ice Cream Sunday** scheduled  
for **May 23rd/24th is also**  
**cancelled.**



2020 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday  
by Mary O'Halloran (4885062,4885257) Mary O'Donovan (4888268),  
PAN Centre/Parish Office (phone/fax 4885062)  
ballinhassigparish@gmail.com www.ballinhassigparish.com  
Parish Priest:- Fr. Christy Fitzgerald Telephone: 4885104 or 087/9439666

## MASS TIMES

The churches will remain closed  
Diocesan directive in line with  
HSE and Government  
Guidelines.

The Newsletter is available  
in the usual shops.

## Watch Daily Mass

**Ballinhassig Parish:- Facebook**  
Live daily at 11am Sunday to Friday.

**RTE News Now at 10.30am daily**

[www.carmeliteskinsale.ie](http://www.carmeliteskinsale.ie)

**Kinsale** [http://kinsale-parish.org/  
st-johns-church-web-cam/](http://kinsale-parish.org/st-johns-church-web-cam/).

Saturday 6.30pm;  
Sunday 10.00am and 12 noon.

## Bishop Fintan

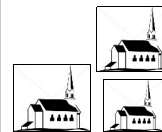
In a recent letter from *Bishop Fintan Gavin, Bishop of Cork & Ross* addressing Parents/ Guardians and Children preparing for *Confirmation* and *First Holy Communion* he stated until the restrictions on gatherings of people are lifted it will not be possible for us to have our celebrations.

You will have the opportunity to celebrate the sacraments when it is safe to gather together again.

# Ballinhassig Parish

## Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 28 No. 32 Sunday: May 3rd, 2020 (Fourth Sunday Of Easter)

Jane Mellett writing in Intercom...

### 'I have come that they may have life and have it abundantly'

This fourth Sunday of Easter we hear the beginning of the Good Shepherd discourse from John's Gospel. Jesus portrays himself as a shepherd. And what is the duty of this shepherd? To protect his flock, to lead the flock, to know the flock. There is a beautiful line in this passage which reads: 'the sheep follow him because they know his voice.' What does it mean, to know the voice of Jesus? It is to be in deep relationship with Him, to know His voice above the 'noise' of the world around us. In order to know someone, we have to spend time with them, being aware of their presence, talking to them, listening, considering them friend and beloved. So, in today's Gospel we are invited into a deep relationship with the Shepherd; invited to listen out for his voice, a voice that brings peace, not discomfort.

As I write this, our country is dealing with the Coronavirus outbreak. With social distancing, schools and colleges closed, it is a frightening time for many people. As Christ is shepherd to us, we are also called to be shepherds to others. There is a lot of hysteria online but there are also thoughtful suggestions for people, such as: take this time to write a letter to someone you care about; think of three things you love about someone and text it to them; check in on neighbours who might be vulnerable; each church undertake an audit of all the vulnerable people they know and share out the responsibility to phone them each day; practise the Christian discipline of sharing food; offer help and reassurance to others; don't demonise anyone or any group. As followers of the Good Shepherd, may we live these suggestions, not just in times of crisis, but in all times so that all may 'have life and have it abundantly.'

Mass on Facebook Live on the Ballinhassig Parish Facebook page at 11am from Fr. Christy's home Sunday to Friday. You don't have to be on Facebook. Just log on to [www.facebook.com/Ballinhassig-Parish](http://www.facebook.com/Ballinhassig-Parish) or <https://www.facebook.com/10573200775162/live/>

# May Month of Our Lady

*The Month of May is a month of special devotion to the Blessed Virgin Mary.* Perhaps this May in the 'Year of Pandemic' it may be an opportunity for us to renew our own devotion to the Mother of God by adding a few prayers to our daily routine.



Parents should try to encourage their children to include a prayer to our Lady in their daily prayers, and perhaps have a special space with a *statue of Our Lady, Holy Water, Rosary Beads and Flowers as their May Altar to Our Blessed Lady.*

*As children we always associated bluebells with the May Altar.*

## Mary's Peace Prayer

Mary, Mother of God my mother, Queen of Peace, ask your son Jesus to give me the gift of Peace. Pray for me for Peace; Peace in my Heart; Peace of mind and of soul, Peace in my family, Peace with all whom I meet, the Peace of Jesus.



Jesus, my Lord and Saviour, my Brother, King of Peace, I come to you with Mary, Queen of Peace, to ask You humbly for a new outpouring of the gift of Peace. Pour out on me Your Holy Spirit of Peace. Give me Peace, Jesus, Peace within myself, peace in my family, Peace in my everyday life. Give Peace to my nation, and to all nations, Peace among all peoples, Peace in the world.



*Jesus, my mediator with the Father, take me to the Father to pray for Peace.*

## Pope Francis:- 'Let us Pray Together to Mary In May' (Prayer one)

*Pope Francis* has composed two prayers to Our Lady and asks us to pray them with him, especially during the month of May this year.



*O Mary*, You shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith.

*'Proctress of the Roman people'* you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial. Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection. *Amen. We fly to your protection, O Holy Mother of God; Do not despise our petitions in our necessities, but deliver us always from every danger, O Glorious and Blessed Virgin.*

## Welcome May:- Blessings

May You be happy.  
May You be well.  
May You be safe.  
May You find comfort.  
May You have strength.  
May You have courage.  
May You find healing.  
May You have peace.  
May You have joy.  
May



You be filled with loving kindness.

**May You Be Blessed Today & Always.**

## Let Yourself Rest

*If you're exhausted rest.*



*If you don't feel like starting a new project, don't.*

*If you don't feel the urge to make something new, just rest in the beauty of the old, the familiar, the known.*

*If you don't feel like talking, stay silent.  
If you're fed up with the news, turn it off.*

*If you want to postpone something until tomorrow, do it.*

*If you want to do nothing, let yourself do nothing today.*

*Feel the fullness of the emptiness,  
the vastness of the silence,  
the sheer life in your unproductive moments.*



*Time does not always need to be filled.  
You are enough, simply in your being.*

## Reminder:-

### Beware of Bogus Callers

Be aware even in this time of pandemic there are bogus callers and scammers. Do not engage with unknown and bogus callers offering to do work or maintenance to your property or garden.



Also be aware of bogus telephone callers purporting to be your local priest. In this parish the only calls from parish clergy will come from *Fr. Christy pp and Rev. John Guirey.*

*(alert your elderly family or neighbours)*

Be cautious also of emails, there are scam ones circulating from banks and revenue. **Ensure your internet security is up to date.**

### Stay Safe

At present there are more pedestrians and children walking and cycling on our roads so it is important that motorists are vigilant of them and likewise they of our motorists. Enjoy your walks but stay within the guidelines and wear your high vis vests at all times.



### Ballinhassig Help & Support Team

As we continue the lockdown in line with **HSE & Government Guidelines** please reach out to our Parish **Help & Support Team** if you are in need of any assistance whatsoever. **This is a free voluntary 24 hour service with over 90 members.**

Contact Denis **087/2688174**, and you will be **put** in contact with one of the group members **ASAP.**



### Other Contact Numbers:-

Cottrell's Gala **021/4885756**  
Dr. Pat Brady **021/4885706**  
Dr. John Dromey **021/4885289**  
Mary PAN Centre **021/4885062**

If in need **Please** contact us. We are all in these unprecedented times together.