

## Anniversaries

Paddy & John O'Brien, Ballea.  
Philomena Bowen, Killingley.  
Daniel O'Regan, Bawnleigh.  
Declan Madden, Ballinvoltig.  
Finbarr Hurley, Corran.  
John Desmond, Rigsdale.  
Nora Lyons, Ballinabearna.  
Michael Spillane, Goggins Hill.  
Nora O'Donovan, Watergrasshill.  
Padjum Doody, Ballygarvan & London.



## We Remember

*Tim Walsh, Dublin & Ballinhassig who died recently.* We pray for his family, neighbours and friends.



## Sympathy

We offer our sympathy to *Peggy, Frank, Mick, John, Eileen & Mary Walsh, Knocklucy* on the death of their brother *Tim Walsh, Dublin & Ballinhassig.* *Bernie Walsh* on the death of her husband, *Katharina, Elaine and Shane* on the death of their father, *Tim Walsh, Dublin.* Sympathy also to all other relatives, neighbours, and friends.



## Thought for Lent

Maybe instead of **giving up** something for **Lent** we should consider **taking up** something:-\*\*\*Make time for family prayer; \*\*\*Call to the Church and pray the Stations of the Cross; \*\*\* Do something extra for a family member, neighbour or someone in need.



## MASS TIMES Next Week

Monday 28th:-  
*Ballygarvan 10.00am*

Tuesday 1st:-  
*Goggins Hill 10.00am*

Wednesday 2nd:- Ash Wednesday  
*Ballygarvan 10.00am*  
*Goggins Hill 7.30pm*

Thursday 3rd:-  
*Ballyheada 10.00am*

Friday 4th:- First Friday  
*Ballyheada 8.00pm*  
*Adoration Ballyheada 7pm-8pm*

Friday is the **First Friday of March.**  
*Fr. Christy & Rev. John* will make the usual monthly visits to the housebound

March 2nd is Ash Wednesday.  
*(Day of Fast and Abstinence)*  
*Ashes will be distributed at Mass and to the schools and nursing home of the parish.*



Day of Fast & Abstinence  
*Ash Wednesday begins the season of Lent and is one of only two days in the year, (the other being Good Friday) that are days of Fast & Abstinence. We abstain from meat on these two days and fast by eating less than normal, as a form of penance. People between 18-59 are to Fast and those over 14 years to abstain from eating meat.*



2022 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday by Mary O'Halloran (4885062,4885257)  
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Deacon:- Rev. John Guirey Telephone 087/1266257

# Ballinhassig Parish

# Newsletter



for Ballygarvan, Ballyheada and Goggins Hill

Vol. 30 No. 19 Sunday: February 27th, 2022 (Eight Sunday In Ordinary Time)

## TEMPERANCE SUNDAY

Moderation isn't always easy for us, especially now that we are emerging from the pandemic and its restrictions. We feel we want to go out and about with a new found freedom so any talk of temperance or moderation at this time doesn't sit so well with us.

Temperance Sunday comes immediately before Lent which starts this coming Wednesday, Ash Wednesday. Lent being a time for repentance and giving things up seems to be the right place for it.

Originally Temperance Sunday tended to be about restrain from alcohol and remembering those whose lives are affected by it. Today we include all addictions as well. The real champion was Father Mathew (1790-1856) a Capuchin Friar from Tipperary whose 19th century crusade against the abuse of alcohol gained him the title of "Apostle of Temperance." Father Mathew's call to sobriety has relevance to modern Ireland. The cost to the nation by way of, human suffering, abstention from work, criminality and social upheaval is inestimable.

*Compassionate Lord and Saviour,  
you inspired the Capuchin Friar Theobald Mathew  
to show your compassionate face to those addicted  
and burdened by the abuse of alcohol or addicted behaviour,  
and to promote temperance.*

*May we today, continue to serve our brothers and sisters with love and joy,  
And to foster balance, and moderation in our life styles with the help of God.  
So, we pray, "here goes in the name of God." Amen.*

## Readings March 6th

Deut 26:4-10. Ps 90:1-2, 10-15, R/v 15. Rm 10:8-13. Lk 4:1-13.



## Lenten Prayer & Reflection

During Lent,  
We should try the key to our heart's door,  
It may have gathered rust.  
If so, this is the time to oil it,  
In order that the heart's door  
May open more easily  
When the Lord Jesus  
Wants to enter at Easter time!  
Lord, oil the hinges of our heart's door  
That they may swing gently and easily  
To welcome your coming.



Let us pray that we will try harder to love you in all things that we say and do and in all the choices that we make during the season of Lent.

May we always be people of love and forgiveness. As we journey with you this Lent may we become closer to you, grow to know you more and learn to live a new way. As we remember your death, Jesus, we know that it was a sign of God's great love for us.



Live in our hearts this Lent and help us to share this love with our families, friends, and everyone that we meet. Help our home to be a place of peace and love. We remember families who are in difficulty because of addiction, unemployment, violence or suffering in any way from Covid –19. Protect them and keep them safe. *Amen.*

### Trócaire - Lent

Traditionally, during *Lent* we make a special effort of supporting our brothers and sisters in need.



We in Ireland, have done that through the *Trócaire Lenten Campaign*. Trócaire boxes available in the three churches and through the schools. This year the focus of the Lenten Campaign is on the *Thandekile Family, in Zimbabwe who along with their people suffer Covid & Drought.*

### Shrove Tuesday

On **March 1st** share **Pancakes** with family or friends before the Lenten season.

### Lenten Path



During Lent we are encouraged to stop, to take a look at our lives, to see where we are going. We are challenged to learn once again what it means to be a follower of Jesus.

- .. **Lent** begins on *Ash Wednesday* and ends on *Holy Thursday*.
- .. It lasts for **forty days**, reflecting the forty days that Jesus spent in the desert.
- .. **Lent** is a time for **Prayer, Fasting and Almsgiving**.
- .. **Purple** vestments are worn by the priest during **Lent**.
- .. The *Gloria and Alleluia* are not prayed during **Lent**.
- .. It is a time to **give up, take up** preparing for **Easter**.

## Prayers for Ash Wednesday

O Jesus you place on my forehead  
the sign of Your saving Cross  
"Turn from sin and be faithful  
to the Gospel."

O Jesus you place on my forehead  
the sign of my sister Death  
"Remember you are dust and to dust  
you shall return."

How can I turn from sin  
unless I turn to You?

You speak,  
You raise Your hand  
You touch my mind and call  
"Turn to the Lord your God."



Ash Wednesday

One day my life on Earth  
will end;  
the limits of my years are set,  
though I know not the day  
nor the hour Shall I be  
ready to meet you?

These days of Your favour  
leave a blessing as You pass  
on me and all Your people.  
Turn to us, Lord God.

Let this Holy Season be a time of grace for  
me and all this world.

"Teach us to number our days aright,  
that we may gain wisdom of heart." *Amen.*

### Social & Active Club

*Ballinhassig Parish Social & Active Retirement Club:-*

Will hold their **First Social since Covid** in the Marian Hall, Ballinhassig on Thursday **March 10th** from 2.30pm-4.30pm. Guest speaker (details next week), chat, cuppa and raffle. Health and safety guidelines in place. **Mask wearing** not mandatory but recommended when not seated. **All welcome.**



### Family Fun Bingo

*Ballinhassig Camogie Club* will hold a Family **Fun Bingo** night in the Marian Hall on Saturday **March 5th at 8.00pm**. Proceeds to *Ballinhassig Camogie Club*. Prizes, Hampers, spots, raffle. Great night assured.



All welcome.  
Progressive **45 Card Drive** in the *Marian Hall on Wednesdays* at **8.30. All welcome.**



### LENTEEN PRAYER & REFLECTION

During Lent, on **Wednesdays** a short *Prayer Service / Reflection* will be held in *Ballygarvan Church* at **7.30pm** led by **Rev. John Guirey.**



Commencing on **Ash Wednesday 2nd** at **8.30pm** & following weeks at **7.30pm**

During **Lent** we are encouraged to **stop**, to take a **look** at our lives, to see where we are going. We are challenged to learn once again what it means to be a follower of Jesus. In this season of Lent we need to turn our attention to our **inner preparation** for Easter. **All welcome.**

### PARISH ASSEMBLY

Meeting on Monday **February 28th.**  
PAN Centre at **7.30pm.**