

Anniversaries

John Hennessy, Ballinphellic North.
Dominic Harrington, Shanagraigue.
Michael Foley, Ballygarvan.
John, Rita & Ted Harnedy, Youghal.
Denis & Mary Whelton, Gortnaclough.
Timothy & Mary O'Keeffe, Adamstown.

Saturday 10th:- Vigil

Ballyheada 7.30pm

Mass Intentions:-

**Mossie Power, Coolatooder.
Fr. Raphael Hannigan O.P.
Mary Grainger, The Square.**

Sunday 11th:-

Ballygarvan 10.30am

Mass Intentions:-

**Ann Ashman, Ballygarvan.
(Months Mind)**

**Con Hurley, Ballyguinnane.
Maureen Coughlan, Adamstown.
Madge O'Sullivan, Fivemile Bridge.
Daniel O'Sullivan, Fivemile Bridge.**

Goggins Hill 12noon

Mass Intentions:-

John Cussen, Old Abbey.

Ash Wednesday 14th

Ashes will be available in **Ballyheada & Ballygarvan** churches after 9.30am
Mass in Goggins Hill.

Mass in Goggins Hill only.

**Ashes will also be brought to the
three schools and Nursing Home.**

MASS TIMES Next Week:-

Wednesday 14th:-

Goggins Hill 9.30am
(Day of Fast & Abstinence)

Thursday 15th:-

Ballyheada 9.30am

Friday 16th:-

Ballygarvan 9.30am

Saturday 17th:-

Ballyheada 7.30pm

Sunday 18th:-

Ballygarvan 10.30am
Goggins Hill 12noon

We Remember

Ellen Moore (née Harrington)
Ballygarvan.

Bridget (Biddey) Kelleher,
(née O'Herlihy) Glenville.

Annie Twohig, Castlewhite.

Sr. Bernadette (Fay) Cotter,
*Poor Clare Monastery, Cork who died
recently. We pray for their families,
neighbours and friends.*

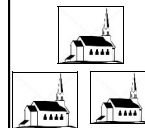


**Mass for Temperance Sunday
and World Day of Prayer for
the Sick** on Sunday February 11th,
RTE TV & Radio at 11am.

Ballinhassig Parish

Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 32 No. 22 Sunday: February 11th, 2024 (Sixth Sunday In Ordinary Time)

Mary O'H
writes...

Lenten Season

Lent begins on Ash Wednesday, we are asked to fast on that day as Jesus did in the desert. We also receive **ashes** as an outward sign of our willingness to turn back to God. The Gospel tells us how to approach that renewal of our lives by **prayer, fasting and almsgiving**. We are encouraged to stop, to take a look at our lives, to see where we are going. It is at this time of the year that we are encouraged to step out of our usual patterns of life and become more aware of our relationship with ourselves, with others and with our God. We are invited to turn away from the busyness of everyday life and turn once again towards God.



The **Trocaire Box** will serve as a reminder of the giving aspect of the Lenten season.

LENT....

- .. **Lent** begins on Ash Wednesday and ends on Holy Thursday.
- .. It lasts for **forty days**, reflecting the forty days that Jesus spent in the desert.
- .. **Lent** is a time for **Prayer, Fasting and Almsgiving**.
- .. **Purple** vestments are worn by the priest during **Lent**.
- .. The **Gloria and Alleluia** are not prayed during **Lent**.
- .. Decoration of the **sanctuary and altar** are **simple** during **Lent**.
- .. **Lent** is a time **to give up or take up** in preparation for **Easter**.



Readings February 18th

Gn 9:8-15 . Ps 24:4-9, R/ cf v 10. 1 Pet 3:18-22.
Mk 1:12-15.

2024 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday
by Mary O'Halloran (4885062,4885257)

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32nd World Day of the Sick



On **February 11th in 1858**, Our Lady first appeared at Lourdes to 14 year old **Bernadette Soubirous**. Later Bernadette was to learn that the mysterious Lady was the Blessed Virgin and to hear from her lips, *'I am the Immaculate Conception.'*

In 1992 Pope John Paul 11 instituted the **World Day of the Sick** to be held each year on the commemoration of **Our Lady of Lourdes on February 11th**.

In his message for **World Day of the Sick, 2024** Pope Francis focuses on ***"It is not good that man should be alone"***
Healing the Sick by Healing Relationships.

Let us remember this central truth in life:- We came into the world because someone welcomed us; we were made for love; and we are called to communion and fraternity.

This World Day of the Sick is an opportunity to devote special attention to the sick and to those who care for them within families, healthcare settings and communities.



This year we continue to remember those who have suffered, and continue to suffer, the effects and consequences of war and violence. In the theme from the Gospel passage of the **Good Samaritan** we see that the sick and vulnerable must be at the heart of our human concern and pastoral attention.

(Lk 10:25-37)



We Pray & Remember

We pray for all who suffer, for all in the depths of depression, Those tortured by anxiety and guilt. Lord, in your love and mercy, Free them and raise them up.

Lord Jesus, who healed the sick, We pray for all who are not well. Be their help and strength And bless all who care for them.

Amen.



Prayer In Recovery

Lord, may I always remember to thank you.

May I be a little better each day. Continue your healing power within me Bless all those who care for me.

Lord, you have known pain. I am hurting and a little scared. I have asked, but as yet I see no answer. Give strength and patience in my weakness as I join my suffering to yours.

Amen.



Friday February 16th
Day of Prayer for Victims of Abuse.

St. Gobnait

St. Gobnait is one of the best loved saints in West Cork but only traditions concerning her life survive. The main part of her life was spent in **Ballyvourney, Co. Cork** where there has always been a deep devotion to her, and which is a place of pilgrimage on **February 11th and on Pentecost**. Her gifts of caring for and curing the sick have been a significant part of her cult through the centuries. St. Gobnait's memorial coincides with the **World Day for the Sick on February 11th**.



Prayers for Ash Wednesday

O Jesus you place on my forehead the sign of Your saving Cross
"Turn from sin and be faithful to the Gospel."

O Jesus you place on my forehead the sign of my sister Death
"Remember you are dust and to dust you shall return."

How can I turn from sin unless I turn to You?



One day my life on Earth will end; the limits of my years are set, though I know not the day nor the hour Shall I be ready to meet you?

You speak, You raise Your hand You touch my mind and call "Turn to the Lord your God."

These days of Your favour leave a blessing as You pass on me and all Your people. Turn to us, Lord God.



Let this Holy Season be a time of grace for me and all this world. "Teach us to number our days aright, that we may gain wisdom of heart." **Amen.**

February 14th Feast Day of St. Valentine

Patron Saint of :- Love, marriages, engagements, young people, greetings, travellers, etc

Saint Valentine was a Catholic priest who had also worked as a doctor. He lived in Italy during the third century AD and served as a priest in Rome. Historians don't know much about **Valentine's** early life, they pick up his story after he began working as a priest. Valentine became famous for

marrying couples who were in love but couldn't get legally married in Rome during the reign of Emperor Claudius II, who outlawed **weddings**. **Saint Valentine** sent a farewell note to a young blind girl named Julia before he was martyred for his faith in Jesus Christ and signed it **"From your Valentine,"** which led to the tradition of sending loving messages on his feast day, **Valentine's Day**.

