

Anniversaries

John O’Keeffe, Kingsland.

Saturday 7th:- Vigil

Ballyheada 7.00pm

Mass Intentions:-

Anthony Dwyer, Upper Rigsdale.
(Months Mind)

Mossie Power, Coolatooder.
Mary Grainger, The Square.

Sunday 8th:-

Ballygarvan 10.00am

Mass Intentions:-

Denis Bernard, Meadstown.

Goggins Hill 11.30am

Mass Intentions:-

William Murphy, Liskillea.
(Months Mind)

John Cussen, Old Abbey.
Con Bohane, Briar Hill.
Margaret O’Mahony, Goggins Hill.

We Remember

Betty Lucey (née Doyle) *Bandon.*

John Hickey, *Belgooly.*

Mary Gurhy (née Radley) *Little Island & Bishopstown.*

Rita (Margaret) **Good** (née O’Driscoll)
Minane Bridge & Kilbrittain who died recently.

*We pray for their families
neighbours and friends.*



In death Life is changed not ended.

MASS TIMES Next Week:-

Tuesday 10th:-

Ballygarvan:- 10.30am
Confirmation Mass.

Wednesday 11th:-

Goggins Hill 9.30am

Thursday 12th:-

Ballyheada 9.30am

Friday 13th:-

Ballygarvan 9.30am

Saturday 14th:-

Ballyheada 7.00pm

Sunday 15th:-

Ballygarvan 10.00am
Goggins Hill 11.30am

Poor Clares Vocations

Poor Clares Vocations Afternoon on:

Date:- Saturday February 7th.

Time:- 2.00pm-4.00pm.

If you would like to know more about
the **Enclosed Contemplative Life** of
a religious sister contact:-

vocationspoorclarescork@gmail.com

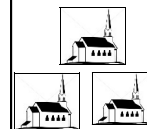
Thought for the Week

Never look down on anyone unless
you give them your hand to get up.

Ballinhassig Parish

Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 34 No. 22 Sunday: February 8th, 2026 (Fifth Sunday In Ordinary Time)

Mary O’H
writes...

We Are The Church Together

Various “Rules” on how to live a good life have been handed down to us by pious people from times long gone by. One that caught the eye recently was included in the “Rule of Saint Benedict.”

On the subject of how to run a monastery Benedict wrote, “The Abbot should arrange everything so that the strong have something to strive for and the weak should not be disheartened.”



Given that each of us will be strong and weak at different times in our lives, that would seem to be advice worth taking out from behind the monastery walls and sharing in our parish, schools, homes, and the wider community.

Prayer for World Day Of the Sick

We remember and pray for all who are sick in mind or body on February 11th.

- .. Bring **strength** to those of us who walk with the sick.
- .. Bring **hope** to all for whom the path to **healing** is long or may not end.
- .. Let us never forget your special care for the sick, that they may also know they are precious and loved. *I’m Saying a prayer for you today:-
That God will touch you with his healing hand, give you the comfort and peace you need to get through the day and the night.*

Amen.



Readings February 15th

Eccles (Sir) 15:15-20. Ps 118:1-2, 4-5, 17-18, 33-34, R/ v 1.
1 Cor 26-10. Mt 5:17-37.



2026 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday

by Mary O’Halloran (021 4885 062, 021 4885 257)

PAN Centre/Parish Office (phone 021 4885 062)

ballinhassigparish@gmail.com www.ballinhassigparish.com

IBAN IE74 AIBK 9343 4872 6730 65; BIC AIBKIE2D

Parish Priest:- Fr. Danny Pyburn Telephone: 087 2412 186

34th World Day of the Sick



On **February 11th in 1858**, Our Lady first appeared at Lourdes to 14 year old **Bernadette Soubirous**. Later Bernadette was to learn that the mysterious Lady was the Blessed Virgin and to hear from her lips, *'I am the Immaculate Conception.'*

In 1992 Pope John Paul 11 instituted the **World Day of the Sick** to be held each year on the commemoration of **Our Lady of Lourdes on February 11th**.

In his message for **World Day of the Sick, 2026** Pope Leo XIV focuses on:-
"The Compassion of the Samaritan: loving by bearing the pain of others"

*This theme focuses on concrete, loving gestures of closeness towards the sick, vulnerable and isolated, inspired by the **Good Samaritan**.*



This World Day of the Sick is again an opportunity to devote special attention to the sick and to those who care for them within families, healthcare settings and communities.

The Sacrament of the **Anointing of the Sick** will be administered at 9.30am Mass in Goggins Hill on Wednesday February 11th, the Feast Day of Our Lady of Lourdes.

We Pray & Remember

We pray for all who suffer, for all in the depths of depression, those tortured by anxiety and guilt. Lord, in your love and mercy, free them and raise them up.

Lord Jesus, who healed the sick, we pray for all who are not well. Be their help and strength and bless all who care for them. Amen.



Prayer In Recovery

Lord, may I always remember to thank you.

May I be a little better each day. Continue your healing power within me Bless all those who care for me.

Lord, you have known pain. I am hurting and a little scared.

I have asked, but as yet I see no answer. Give strength and patience in my weakness as I join my suffering to yours. Amen.



Sunday February 8th

International Day of Prayer and Awareness against Human Trafficking was first observed in 2015 and on the memorial of St. Josephine Bakhita February 8th. Through the Day of Prayer we reflect on the experience of those who have suffered.

St. Gobnait

St. Gobnait is one of the best loved saints in West Cork but only traditions concerning her life survive. The main part of her life was spent in **Ballyvourney, Co. Cork** where there has always been a deep devotion to her, and which is a place of pilgrimage on **February 11th and on Pentecost**. Her gifts of caring for and curing the sick have been a significant part of her cult through the centuries. St. Gobnait's memorial coincides with the **World Day for the Sick on February 11th**.



Social & Active Retired

Ballinhassig Parish Social & Active Retirement Club:-

First monthly social of 2026 in the **Marian Hall**, Ballinhassig on **Thursday:-**

February 12th from 2.30pm-4.30pm.

Music by Dave Rea, chat & cuppa.

All welcome.

(Socials are held on the second Thursday of each month. No age limit upper or lower).

Celebrating Long Service

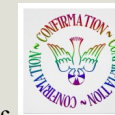
Congratulations to **Mary Hickey, Ballyhooleen** who was recognised for twenty eight years of dedicated service to Bishops court Nursing Home at **The Grace Healthcare Awards** (10 nursing homes of which Bishops court is one) recently. These awards honoured staff who have dedicated many years to caring for residents and their families.

Lost Wedding Ring

A **Gold Wedding Band** made into a decade of the rosary with 10 bumps and a cross has been lost in Ballinhassig/Ballygarvan area. If you find same please contact the PAN Centre (Parish Office **021 4885062**).

A Confirmation Prayer

Spirit of God, grant me the gift of wisdom to see the world through your eyes, the gift of counsel to make difficult decisions, the gifts of knowledge and understanding to know and love you, and the gift of fortitude to have the courage to live in Faith. Amen.



Sports Star of the Year

Congratulations to **Ger Collins, Rearour** who was recognised for his outstanding performances as **Ballinhassig's Premier Intermediate Hurling County Winning Captain at Cork's 96fm & C103 GAA Sports Star of The Year** awards recently. Ger had won the September award.

Play – Marian Hall

Hunters Moon Theatre presents **"Never Going Back There"** a new Irish Play written and directed by Philip O'Byrne, in the **Marian Hall**, Ballinhassig, Friday **February 20th** at 8.00pm. Cast includes Elaine Lombard and Noreen O'Mahony. Booking **089 9730 635**. Play just finished in the Everyman Theatre.

Parish Confirmation

February 10th:- Ballygarvan

March 11th:- Ballyheada